

Name& Educational Qualification		Lethi N T, M.P.Ed., M.Phil.	
Designation	Assistant Professor	Date of Joining	4/02/2002
Seminars, Workshops or Conferences attended			
	Conference (Title & Host)	Date	Venue
National (last two years)	UGC Sponsored National Seminar on' PREVALENCE AND CONTRL OF LIFE STYLE DISEASES IN KERALA	6 th &7 th February 2014	Department Of Physical Education Devamatha College Kuruvilanga d
	National Workshop on Sports Psychology	4 th &5 th February	Sports Authority Of India Lakshmibai National College Of Physical Education Kariavattam P.O, Thiruvant hapuram.
International	Inter National Conference on Innovative Technology In Sports And Allied Sciences	19 th &20 th October 2012	Department Of Physical Education and Health Sciences, Alagappa University, Tamilnadu.

Paper Presentations			
	Title of the paper and details of the Conference	Date	Venue
National (last two years)	‘Lifestyle changes in Kerala India Needs Assessment and Planning For Diabetes Prevention Trial’	6 th &7 th February 2014	Department Of Physical Education Devamatha College Kuravilangad
International	‘Isolated and Combined Effects Of Pranayama and Suryanamaskar on Muscular Endurance’	19 th &20 th October 2012	Department Of Physical Education and Health Sciences Alagappa University, Tamilnadu
Other relevant matter	UGC Sponsored Refresher Course In Physical Education and Yoga held at Academic staff College University Of Madras, Chennai held from 23/11/2012 to 13/12/2012.		
			